#### Bitdefender

#### The Internet Is Not Your Friend

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#### Summary

- Your internet safety
- Personal information and why it's important to protect it
- Types of threats found online
- Bullying
- Communication and prevention





#### Starting your life with online security in mind

The Internet is not a friendly environment, especially for kids

Facebook, Snapchat, Instagram, TikTok, YouTube, Roblox and other platforms include content that's not created for children

The risks kids face when using these platforms are not always evident



What do you know about social network and about the possible uses of the content you share?



Who knows what is a private account? How many of you have online accounts set to private so that only the people you know can see what you post?







Having friends is a good thing, but do you really know all your online friends? Only the people you know, like real friends or family, should be able to see what you post online Not everyone you meet online has good intentions Content you share online can be used to harm you





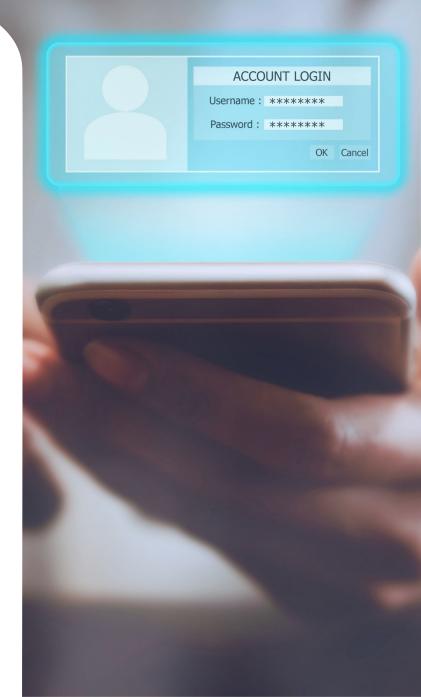
Can you provide a few examples of the types of content or private information that should not be shared online?



### Your private information

When online, never share your full name, date of birth, home or school address, phone number, email address, passwords for online accounts, parent's credit card information, private pictures or any type of information about your family

Keep all of this information secret and recommend your friends do the same



# Simple rules for online safety

The people you interact with on social media or in online gaming might not have your best interest at heart and could pretend to be someone else:

- Never access friendship requests, comments or other types of messages from unknown senders.
- Never offer private photos or personal information
- Don't respond to challenges made by real or virtual friends
- Talk with your parents about the people you meet online, especially if they say or send things that upset or scare you
- Never open links from unknown sources or senders



### Say No to Bullying



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#### What is bullying? Can you offer a few examples?

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### **Types of bullying**

- Gossiping about someone with the intent to instigate against or to isolate a person or a group of people
- Excluding people from groups or activities with malice
- Trolling provoking people to act aggressively or trying to unsettle them
- Leaving mean or denigrating comments
- Intimidating or scaring people by following them online
- Sending numerous mean messages on multiple online platforms, including through SMS
- Sharing content by using the account of another person



# How to protect yourself from bullying

- Never engage in online interaction that's meant to intimidate, threaten your safety, or hurt you or the people around you
- Remember that bullies want attention, so ignoring them as much as possible is the right course of action
- Don't erase messages you receive from people harassing your online
- Be friendly with the people around you and in the online space
- Don't insult other people and don't distribute content that could affect them



## Speak with the adults in your life

You need to talk with the adults around you, such as parents or teachers, when something bad happens. Whether it's bullying or a bad experience online, talking with adults will help.

If you feel uncomfortable or threatened by any online integration, it's important to remain calm and communicate the problem with the adults around you.





## THANK YOU