

Bitdefender®

# The Internet Is Not Your Friend

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# Summary

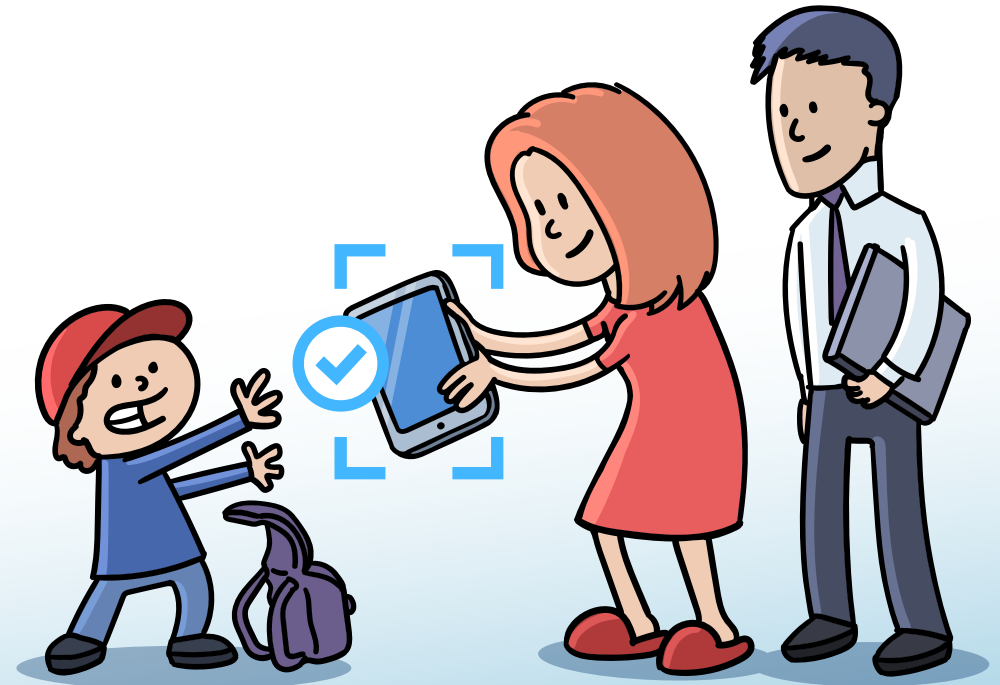
Your internet safety

Personal information and why it's important to protect it

Types of threats found online

Bullying

Communication and prevention



# Starting your life with online security in mind

**The Internet is not a friendly environment, especially for kids**

Facebook, Snapchat, Instagram, TikTok, YouTube, Roblox and other platforms include content that's not created for children.

The risks kids face when using these platforms are not always evident.



# What do you know about social network and about the possible uses of the content you share?



- Who knows what is a private account?
- How many of you have online accounts set to private so that only the people you know can see what you post?

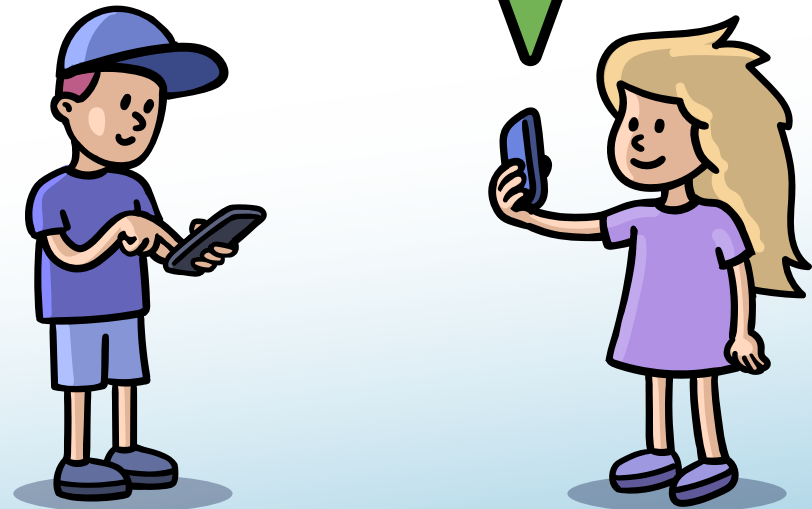
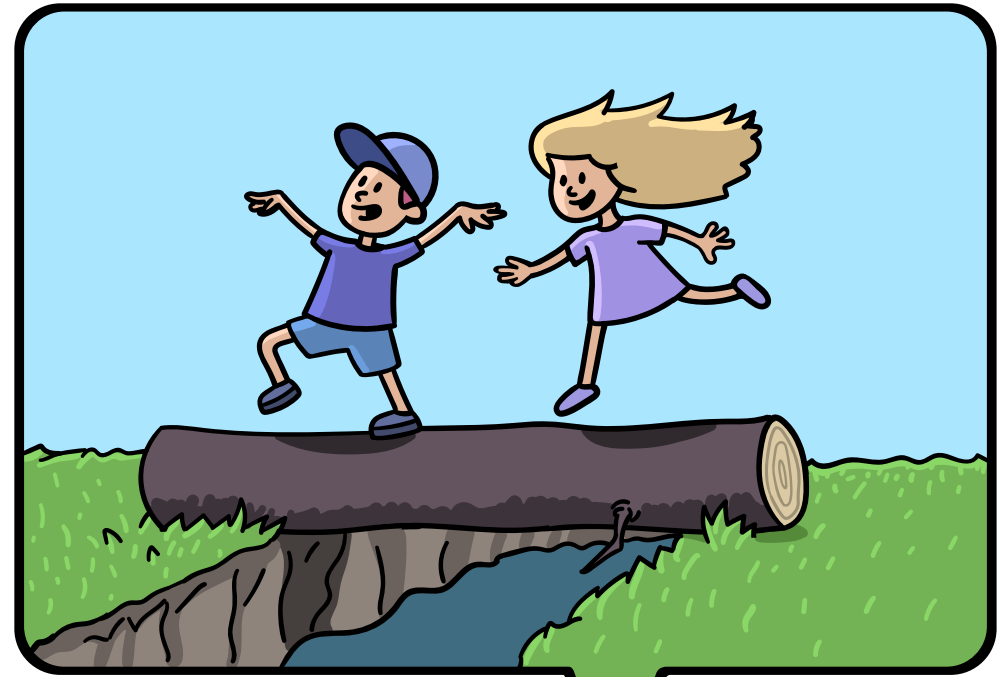


# Having friends is a good thing, but do you really know all your online friends?

**Only the people you know**, like real friends or family, should be able to see what you post online.

Not everyone you meet online has good intentions.

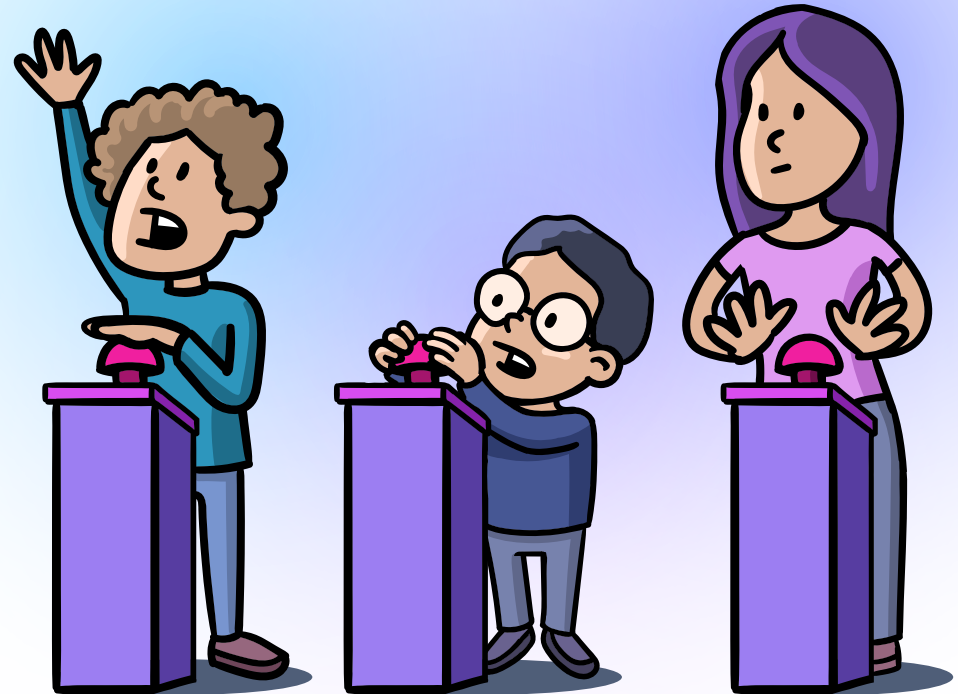
Content you share online can be used to harm you.





Can you provide a few **examples** of the types of content or private information that should not be shared online?

# QUIZ



# Your private information

When online, **never** share:



your full name



date of birth



home or school address



phone number



email address



passwords for online accounts



parent's credit card information



private pictures



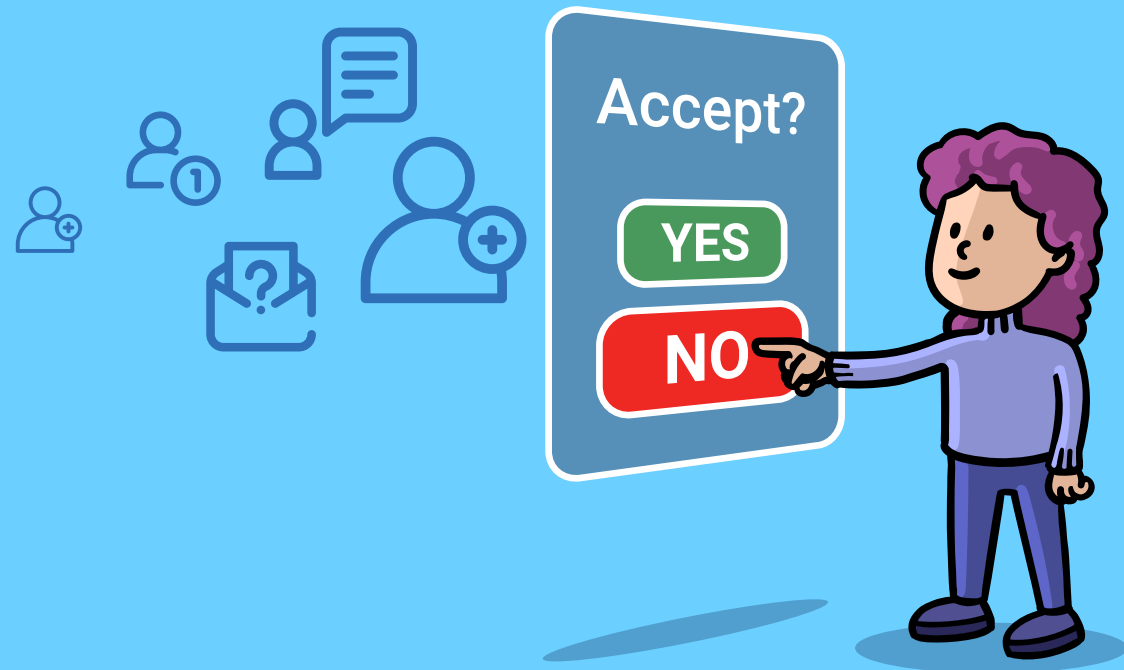
any type of information  
about your family



**Keep all of this information secret  
and recommend your friends do the same.**

# Simple rules for online safety

The people you interact with on social media or in online gaming might not have your best interest at heart and could pretend to be someone else:



- **Never access** friendship requests, comments or other types of messages from unknown senders
- **Never offer** private photos or personal information
- **Don't respond** to challenges made by real or virtual friends
- **Talk with your parents** about the people you meet online, especially if they say or send things that upset or scare you
- **Never open links** from unknown sources or senders

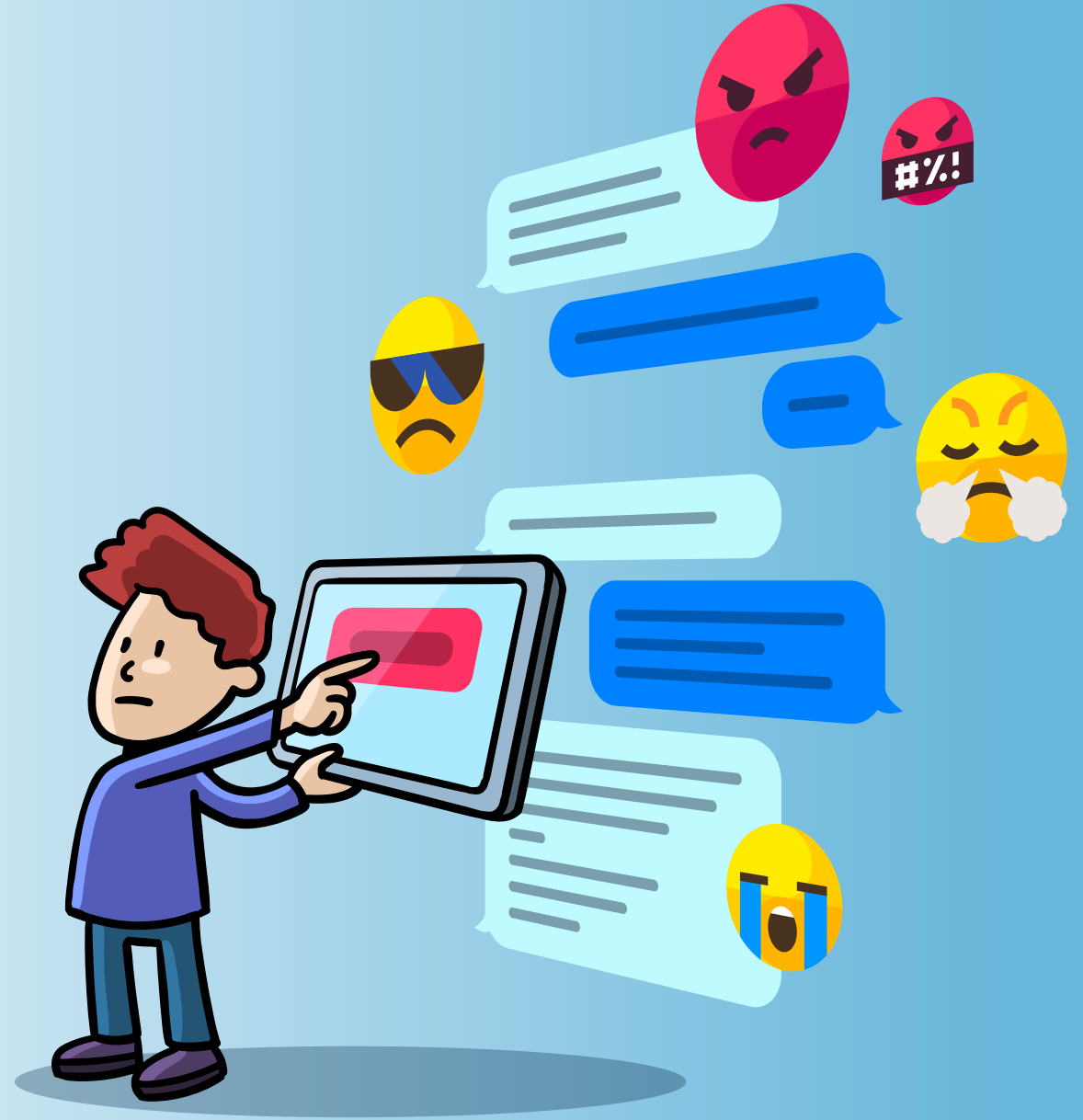


# Say No to Bullying





**What is bullying?**  
Can you offer  
a few examples?



# Types of bullying

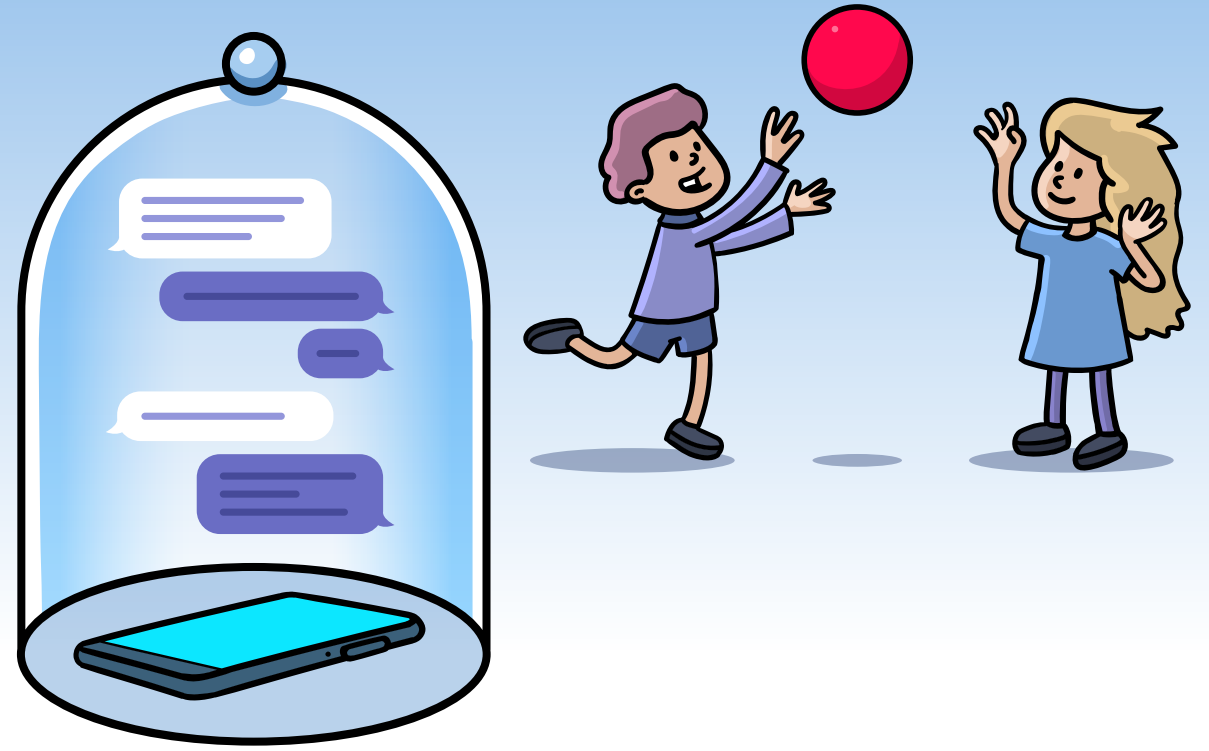
- **Gossiping** about someone with the intent to instigate against or to isolate a person or a group of people
- **Excluding people** from groups or activities with malice
- **Trolling** — provoking people to act aggressively or trying to unsettle them
- Leaving mean or denigrating **comments**
- **Intimidating** or **scaring** people by following them online



- Sending numerous **mean messages** on multiple online platforms, including through SMS
- Sharing content by using the account of **another person**

# How to protect yourself from bullying

- **Never engage** in online interaction that's meant to intimidate, threaten your safety, or hurt you or the people around you
- **Remember** that bullies want attention, so ignoring them as much as possible is the right course of action
- **Don't erase messages** you receive from people harassing your online



- **Be friendly** with the people around you and in the online space
- **Don't insult** other people and don't distribute content that could affect them

# Speak with the adults in your life

You need to talk with the adults around you, such as parents or teachers, when something bad happens. Whether it's bullying or a bad experience online, **talking with adults will help**.

If you feel **uncomfortable** or **threatened** by any online integration, it's important to remain calm and communicate the problem with the adults around you.



# Questions



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# Thank you!

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